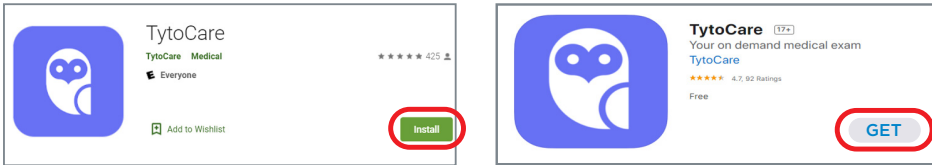


# QUICK START USER GUIDE

Patients who are interested in whether or not an upcoming visit is eligible to be done virtually should contact their provider care team at 406-457-4180 or through the Patient Portal. Learn more about our TeleHealth offerings by visiting <https://www.sphealth.org/tytocare>.

## 1. Download the TytoCare app



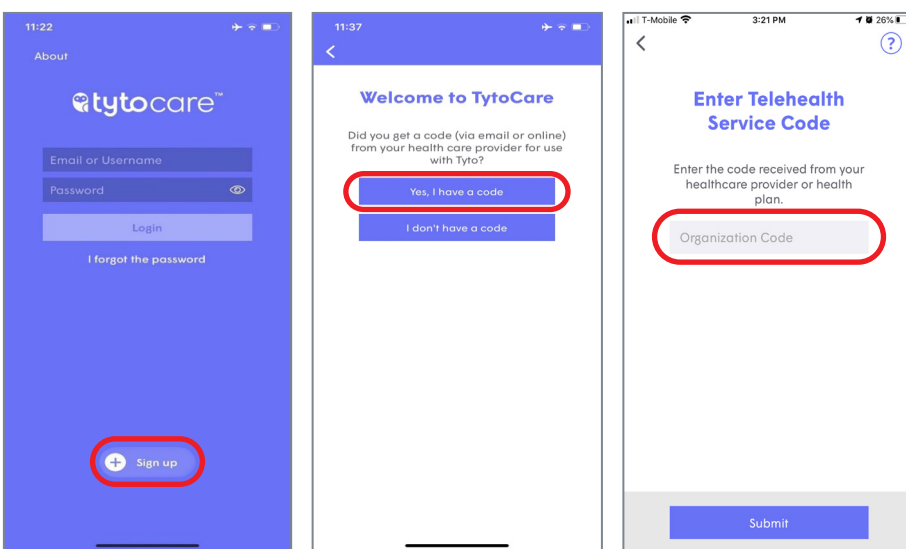
The app is available for download on both Android and Apple devices. You must be logged in to your Apple or Google account to download the TytoCare app.

Need help creating an apple ID or google account?

Apple Support: <https://support.apple.com/en-us/HT204316>

Google Support: <https://support.google.com/googleplay/answer/2521798?hl=en>

## 2. Create your account



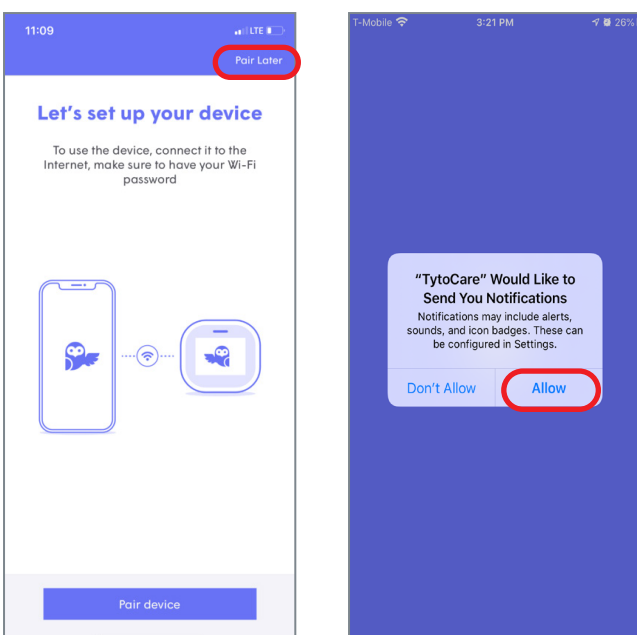
Open the TytoCare app and select sign up at the bottom of the screen.

Next, select "Yes, I have a code".

Enter the code **SPH2020** in the text box.

Do not exit the app until you have completed registration. You may confirm your email address after you have completed registering.

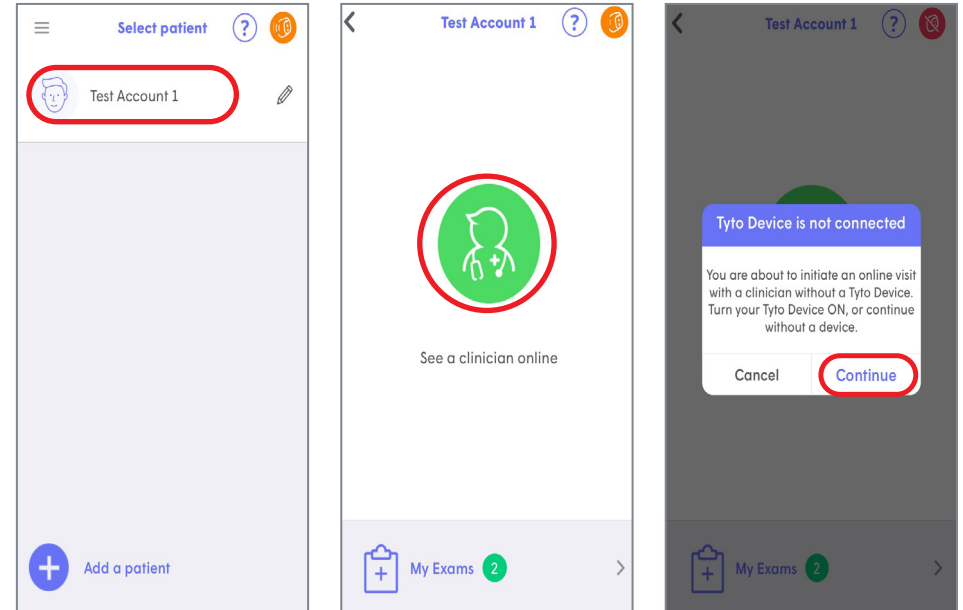
## 3. Pair later



At the top right of your screen, select "Pair Later".

**TIP:** When prompted, allow push notifications from the TytoCare app.

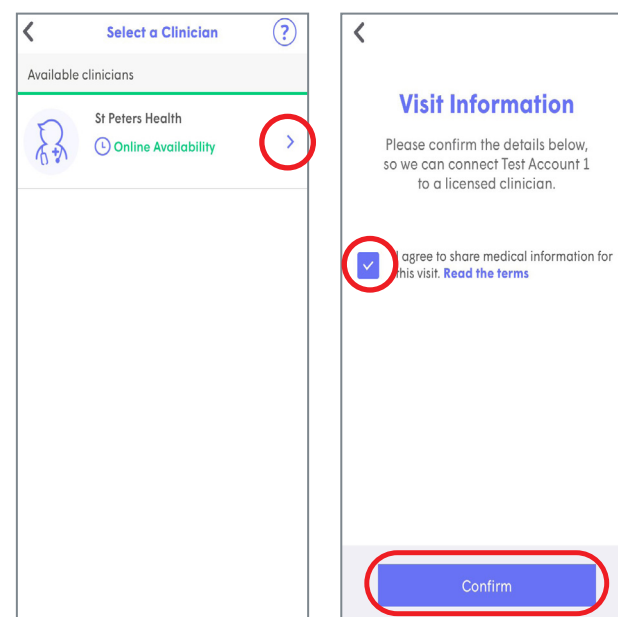
## 4. Initiate a visit



Select Patient "Test Account 1"

Click the green "See a clinician online" icon

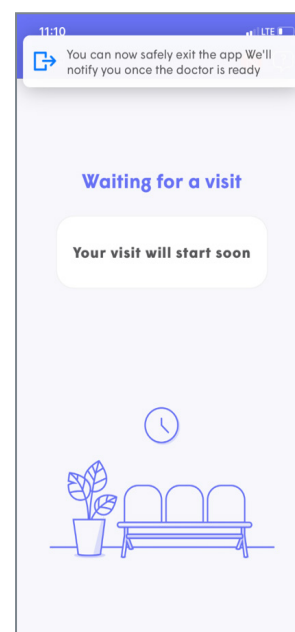
Select continue



Select the purple arrow

Check the box after reading the terms and conditions. Click the confirm button.

## 5. Wait for your visit



Now that your account is set up, you can meet with a provider. While you wait for a provider to call, you may exit the app and continue to use your device as you normally would.

## Need assistance with your TytoCare app?

- Phone: +1 (866) 971- TYTO (8986) option 2
- Email: [support@tytocare.com](mailto:support@tytocare.com) - 1 business day turn around for requests initiated via email
- Chat: available through our Support Portal