



Primary Care Provider Form

Fax this form AND medical visit documentation to: 447-2544



PARTICIPANT INSTRUCTIONS:

Share your screening results with your Primary Care Provider (PCP) and recheck screening benchmarks that did not meet criteria. Fax an official copy of a medical visit that lists the improved values for any adverse criteria values. You will be notified via email that we received the documentation. The medical visit must be dated **after** your LCC Wellness Screening. Remember, you can recheck all adverse values by scheduling an appointment with St. Peter's Wellness Services by calling 444-2128. You are welcome to hand deliver the medical visit documentation to our office.

Documentation of goals met are due by **May 31, 2022**.

PATIENT INFORMATION:

Patient's Last Name: _____ Patient's First Name: _____ Gender: _____

Patient's Phone #: () - Patient's DOB: / / Date of Visit: / /

Patients Email: _____

PROVIDER INSTRUCTIONS:

Your patient is participating in the 2022 Lewis and Clark County Incentive that requires a wellness screening through St. Peter's Health Wellness Services. A reasonable alternative to any adverse values for cholesterol, fasting glucose, blood pressure, and weight associated with the patient's screening results can be submitted from your office. Improved values must be officially documented. **We will not accept handwritten values due to the incentive associated with meeting the requirements.** Please see goal requirements below.

| Screening Benchmarks | Criteria | Goals |
|--------------------------------|--|---|
| Cholesterol | Total less than or equal to 200 or Ratio ≤ 5 (m) ≤ 4.5 (w) | Reduce total by 10 or ratio by 0.5 or into criteria range |
| Fasting Glucose | Fasting glucose ≤ 110 | Reduce by 10 points or into criteria range |
| Waist Circumference | Waist Circumference ≤ 40 (m) ≤ 35 (w) | Reduce waist size by 2" or into criteria range |
| Blood Pressure | Less or equal to 135/85 (measurements used individually) | Reduce value by 5 points or into criteria range OR complete Health Coaching for Hypertension* |
| Tobacco/Nicotine Status | Tobacco/Nicotine Free for at least 3 months | Complete Montana Quit Line OR Freedom From Smoking* program and submit certificate |

No handwritten values
Attach typed, charted values

No handwritten values
Attach typed, charted values

*Call Wellness at 406-444-2128 for information on Health Coaching for Hypertension and/or Tobacco Cessation classes for goal completion.

Provider's Name: _____ Office Phone Number: _____

PLEASE PRINT

Provider's Signature: _____