

# 2018 ANNUAL REPORT TO THE COMMUNITY



# CONTENTS

Message from the CEO	1
Message from the Board Chair	2
About St. Peter's Health	4
Health Care Services	6
Financial Snapshot	7
Supporting Our Community	
2017 Accomplishments	10
2018 Priorities: Transforming St. Peter's	12
Physicians & Professional Staff	14
New Providers	16
St. Peter's Health Foundation	18
About the Foundation	19
Corporate Partners	22
Financial Snapshot	23
Legacy of Life Members	24
Lifetime Cumulative Giving	
Annual Donors	28
Fundraising Events	33



#### Family Medicine physician Justin Perry, MD joined St. Peter's Health Medical Group at its North Clinic



Mark Taylor, Chair Fred Olson, MD, Vice Chair Karen Hicks, Secretary Guy Almquist Sen. Mary Caferro Wade Johnson, FACHE Andrew Malany, MD Kevin McCutcheon William Northey Kelly Parsley Mick Robinson Jim Utterback

Fred Olson, MD, Chair John Cassani, DO, MBA Shelly Harkins, MD Will Harper, MD Karen Hicks Cheryl Hunt, MBA, BSN, RN Wade Johnson, FACHE Andrew Malany, MD Andy Michel, MD Jim Tarver, MD Todd Wampler, MD

John Galt, MD, FACS Sen. Mary Caferro John Cassani, DO, MBA Andrew Gilbert, MD Wade Johnson, FACHE Robert LaClair, MD Mark Kreisberg, MD Mick Robinson

# MESSAGE FROM THE CEO

#### DEAR NEIGHBORS.

2017 was a pivotal year for St. Peter's. After 135 years of service to the Helena region, St. Peter's Hospital is now St. Peter's Health, but a new name and brand is just the beginning. I'm honored to lead the 1,400 St. Peter's Health caregivers you know and trust on a journey to become the gold standard for health care in Montana.

We marked this year with many important accomplishments. St. Peter's was named one of the Top 20 Rural Community Hospitals in the country by the National Rural Health Association based on our quality, patient outcomes, costs and financial stability. We also earned our fourth consecutive "A" grade for safety from The Leapfrog Group, a national patient safety watchdog organization, giving St. Peter's the longest-running safety streak of all Montana hospitals in preventing errors, injuries, accidents and infections.

We have a lot to be proud of at St. Peter's, but we recognize the need to do even more going forward. We're doubling down on our commitment to deliver the highest value and quality of health care to our patients. Our success will depend on our ability to become more efficient in all of our clinical and business practices, and to work harder and smarter to steward your valuable health care dollars. Our community must be at the center of everything we do.

As part of our transition to St. Peter's Health, we've laid out a strategic plan of initiatives that will elevate our performance and drive us to become the gold standard. You can learn more about each of these initiatives on page 12 of the report. At the heart of our strategy is a desire to rethink how we deliver health care to improve quality, decrease costs for our patients, provide greater access to services, optimize our use of technology, and achieve greater collaboration with the community and its vast network of resources.

Our plan is ambitious and the changes we're making won't be easy, but we are committed to being the health care partner this community deserves.

Here's to a higher state of care!

All the best,

Wade C. Johnson, FACHE Chief Executive Officer



# MESSAGE FROM THE BOARD CHAIR

#### DEAR FRIENDS,

The past year represents a significant turning point for St. Peter's in the storied history of our organization. We renamed St. Peter's Hospital as St. Peter's Health, which is a much better reflection of the diverse and growing system of health care services we provide for our patients today.



In addition to our name we changed our organizational governance, resulting in a more effective oversight structure as our services change and expand to meet the needs of our community. The St. Peter's Health Board continues to oversee the entire health system and newly created operating boards oversee the St. Peter's Health Regional Medical Center and St. Peter's Health Medical Group. The operating boards bring more physicians into leadership roles so we can better leverage their clinical expertise in decision making. Divisional board entities also allow for a higher degree of autonomy to address unique needs within distinct areas of our organization. Moving forward, the St. Peter's Health Board will sharpen its focus on strategic issues like future growth and expansion of services, regional collaborations and innovative practices to increase our community's access to comprehensive, high value health care.

In 2017, we also marked the culmination of a key leadership transition and aggressive visioning process to position St. Peter's for success in a rapidly changing health care environment. We had the pleasure of welcoming to Helena our new Chief Executive Officer, Wade Johnson, along with several other members of senior leadership. The new team brings an impressive track record of experience from health care institutions across the country, and with their leadership I'm confident St. Peter's will realize its vision to become the gold standard for health care in Montana.

The future of health care is rife with challenges, but we forge ahead from a position of strength and with clear vision and purpose. Our health system is a vital community resource and it's both a privilege and responsibility to make sure it can thrive.

I have never been more excited to be a part of St. Peter's. Thank you for your continued support in the health and wellness of our community.

In partnership,

Mark Taylor, Chair St. Peter's Health Board of Directors



Chair



Vice Chair



Karen Hicks Secretary



Guy Almquist Finance Chair



Sen. Mary Caferro



Wade Johnson, FACHE CEO, Ex-Officio, Non-voting Chief of Staff, Ex-Officio Foundation Chair, Ex-Officio



Andrew Malany, MD





William Northey



Kelly Parsley Outcomes Chair



Mick Robinson



Jim Utterback



Wade Johnson, FACHE Chief Executive Officer President Medical Group



John Cassani, DO, MBA



Shelly Harkins, MD Chief Medical Officer



Cheryl Hunt, MBA, BSN, RN Chief Nursing Officer



Robert Petrina Interim Chief Financial Officer



Karin Olsen, MA, CFRE Foundation Executive Vice President



Dan Sullivan Vice President Ancillary Services



Brian Lee Vice President Medical Group



Andrea Groom, MS, APR Vice President Communications |

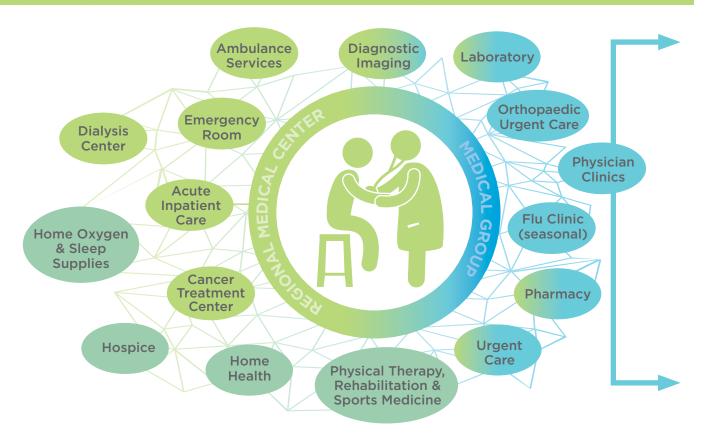


Karla Smith Vice President Human Resources

# ST. PETER'S HEALTH AT-A-GLANCE

Serving our region for more than 130 years, St. Peter's Health is a community-owned nonprofit health care organization dedicated to providing care for every person who comes through our doors.

Founded as a hospital in 1883 by St. Peter's Episcopal Church parish vestry and the Montana Episcopal Diocese, St. Peter's Health has evolved to become an integrated health care system providing comprehensive medical services including:



Our service area extends far beyond the 30,000 residents of Helena. We are a primary acute care hospital and major health care provider for 97,000+ residents in a five-county service area.



## 20+ SPECIALTY **PHYSICIAN CLINICS INCLUDING:**

Allergy, Asthma &

Cardiology Ear, Nose &

Throat

Endocrinology

Gastroenterology

**General Surgery** Gerontology

Gynecology

Disease

Internal Medicine

Obstetrics

Occupational

Health

Oncology

Orthopaedics

Plastic &

Reconstructive

Urology

#### **IN 2017, ST. PETER'S** PROVIDED HEALTH CARE FOR:



176,144 **OUTPATIENT VISITS** 

through services such as lab testing, imaging, rehabilitation and more



98.262 **CLINIC PATIENTS** 

at St. Peter's Health Medical Group physician clinics



33,943 **URGENT CARE VISITS** 

to our two locations



26.864

**EMERGENCY ROOM VISITS** 



15,611

CANCER TREATMENT **CENTER VISITS** 



5,584

INPATIENT ADMISSIONS



791 **BABIES DELIVERED** 

#### ST. PETER'S HEALTH ECONOMIC IMPACT:



\$212 million

annual revenue









\$83 million paid in salaries



\$347 million impact on the local economy

1.384 skilled and dedicated staff members plus 120 volunteers care for our patients

#### Innovative dialysis care gives the gift of time

Paul Baker has a lot of children—five, to be exact—ranging in age from seven to 20. Paul also has a full-time job as a machinist that keeps him busy from 3 a.m. to 1 p.m. What Paul doesn't have is a lot of time. Especially when it comes to taking care of his health.

Paul has kidney disease. So, where does he fit his dialysis treatment into his busy life? He does it while he sleeps—in his own bed. at his own home.

Paul is one of many St. Peter's Health home dialysis patients. In fact, St. Peter's has one of the highest percentages of home dialysis patients in the country, with 50 percent of dialysis patients receiving their treatment in the comfort of their own homes. "Home dialysis allows the patient to incorporate the treatment into their lifestyle," said Nancy Pierce, Director of Dialysis Services, who will retire this year after 44 years at St. Peter's. "When patients are more involved, they do better."

The home dialysis unit Paul keeps at his house is about the size of a small microwave oven. He hooks up to it at bedtime, sleeps while the unit cleans his blood and wakes when it's finished. He can also travel with the unit and the dialysis care center can have the solutions he needs sent wherever he wants to go.

Pierce, who was instrumental in St. Peter's becoming a national model for innovative

#### DIALYSIS CENTER

St. Peter's Health Dialysis Center helps patients with both end-stage and acute kidney failure utilize hemodialysis, home hemodialysis, peritoneal dialysis and other procedures. St. Peter's is nationally recognized for its innovative approach to improve the quality of life for dialysis patients using at-home hemodialysis therapy.



▲ Paul Baker is pictured in the room where St. Peter's dialysis patients receive training for home hemodialysis. A portable, internetconnected unit offers patients the freedom to receive their treatments wherever they want, when they want—typically at home while they sleep.

dialysis care, said home dialysis is a winwin situation for the patients and the hospital. For the patient, there is less disruption to their daily routine. For the hospital, it increases patients' engagement in their care and improves outcomes.

But best of all, Pierce said, is that it gives patients a choice.

"It's about having the best life you can in a situation that's not very good," Pierce said.

For Paul, home dialysis is the perfect choice. He's been doing it since January of 2016. It gives him the time he needs—time to work, time to take care of his health and time to spend with his children.

"I have a full family, a young family. What am I going to do? I have to work. And this way, I still can," Paul said.

# A VAST NETWORK OF HEALTH CARE SERVICES

#### **EMERGENCY SERVICES**

When you or a loved one faces a medical emergency, you want the best possible care that's close to home. The Emergency Department at St. Peter's Health Regional Medical Center provides quality, experienced care when you need it most—around the clock, 365 days-a-year. More than 26,000 patients depend on us each year to provide quality medical evaluation and treatment for illness and injury ranging from minor to critical.

#### MEDICAL GROUP

St. Peter's Health Medical Group provides comprehensive, high quality medical care through an impressive range of primary and specialty care physicians for a community our size. From family medicine practitioners and obstetricians to orthopaedic surgeons and interventional cardiologists, our growing family of physicians and professional staff manage a wide variety of our patients' health care needs. St. Peter's Health Medical Group also offers two locations for the convenience of our patients: the Broadway Clinic across the street from the Regional Medical Center, and the North Clinic on the north end of Helena.

#### BEHAVIORAL HEALTH UNIT

St. Peter's Health Behavioral Health Unit offers a team of professionals that are here to help when you or your loved one is suffering from a mental health illness. At St. Peter's, we treat mental health illness as a medical condition. We provide a secure unit for adult and geriatric patients who are experiencing psychiatric symptoms that require 24-hour acute inpatient treatment. Our staff focuses on accurately diagnosing the illness, prescribing the right medications, and providing patients and caregivers with education and coping skills.

#### CANCER TREATMENT CENTER

St. Peter's Health Cancer Treatment Center combines state-of-the-art technology with a holistic, patient-centered approach to cancer care. Our patient satisfaction scores consistently rank in the top 5% of cancer centers throughout the entire Northwest region of the United States. Our oncologists, nurses and technologists provide specialized cancer care, while other professionals including social workers, dietitians, physical therapists, home health providers, spiritual practitioners and hospice staff are incorporated into patient care to ensure we treat the "whole" person, not just their disease.

#### WE'RE NOW ST. PETER'S HEALTH

The name "St. Peter's Health" better reflects the vast network of health care services we provide for the community. We have outgrown the name "St. Peter's Hospital" as we've expanded to include a Medical Group and several ancillary service lines.

St. Peter's Health was one of the first cancer centers in Montana to offer a Patient Navigator, a nurse who specializes in supporting patients and their families by helping them navigate the health care system and connect with resources.

Oncology Nurse Navigator Emily Burton, RN, OCN helps guide patients through every step of their cancer care and treatment.

#### SURGICAL SERVICES

General surgery has long served as the foundation for St. Peter's Health inpatient and outpatient surgical services program. Today, our general surgeons are joined by a growing team of specialists in orthopaedic, colorectal, plastic and reconstructive surgery. Our board-certified surgeons deal with a broad spectrum of illness by combining an in-depth understanding of diagnostic and treatment strategies, perioperative (before, during and after operation) care, and the latest advances in surgical techniques to achieve safe and successful surgical outcomes. We offer minimally-invasive surgical procedures, allowing patients to recover more quickly and return to normal activity.

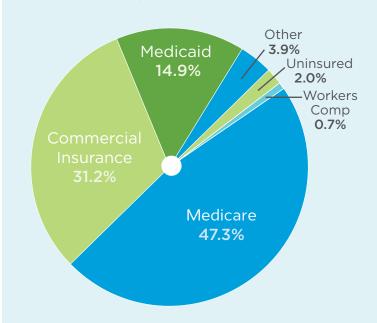
#### WOMEN AND CHILDREN'S UNIT

St. Peter's Health Women and Children's nursing staff work closely with Helena's obstetricians, certified nurse midwives, family medicine physicians, pediatricians and other specialists to provide safe, quality care to Helena's littlest patients. St. Peter's Health offers a preferred birthing experience with an emphasis on education and support that starts during pregnancy and continues after leaving the hospital. Private rooms have

### FINANCIAL SNAPSHOT

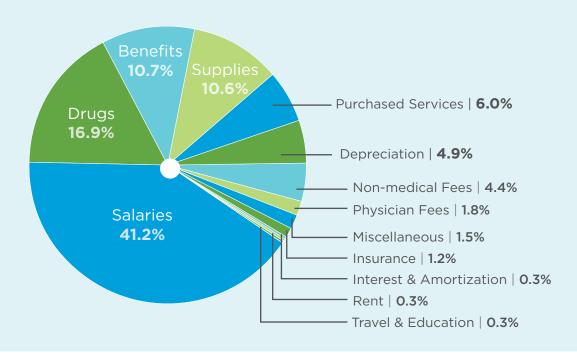
#### **REVENUE PAYOR MIX**

(June 1, 2016-May 31, 2017)



#### **TOTAL ANNUAL EXPENSES**

(June 1, 2016-May 31, 2017)



been thoughtfully designed for all stages of labor, delivery, recovery and postpartum care, as well as to encourage "rooming in" of newborns to promote mother/baby bonding. In addition to our Labor and Delivery staff of 24 (including five infant nutrition nurses), a Pediatrics staff of 13 specializes in providing inpatient care for a variety of acute illnesses for children up to age 18.

#### URGENT CARE

St. Peter's Health Urgent Care clinics are walk—in medical facilities for the treatment of non—life threatening injuries and illness. An appointment is never required, and staff is committed to providing prompt and comprehensive medical services. To best serve our community, St. Peter's Health offers two locations: Urgent Care on the Regional Medical Center campus on the east side of town, and Urgent Care at the North Clinic on the north side of Helena.

#### HOME HEALTH

St. Peter's Health-Home Health offers a wide range of health care services that can be given in your home for an illness or injury. All home health services are provided by highly skilled health care professionals who are dedicated to providing the highest quality care to our patients. Examples include wound care, intravenous therapy, injections, and monitoring of serious illness and unstable health conditions. Our home health team works closely with physicians to ensure each patient is receiving care under a plan directed and approved by their physician.

#### HOSPICE

St. Peter's Health-Hospice provides comfort and support for the physical, emotional and spiritual needs of people nearing the end of life. We offer our patients and their families the services to navigate this time of life with dignity and comfort. Patients and their families choose the care and services they receive. Our multi-disciplinary hospice team focuses on symptom management and pain control to enable quality time with the people and activities that matter most, as well as support for the emotional, psychosocial and spiritual aspects of dying. As Helena's only nonprofit hospice provider, St. Peter's Health-Hospice provides care and services to everyone who needs them, regardless of ability to pay.

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# SUPPORTING OUR COMMUNITY

As a community-based health care provider, our mission is to improve the health of the community by providing exceptional and compassionate health care services for all citizens of the community, regardless of ability to pay. In 2017, we gave back over \$18 million to the community through education, health services, donations and free and reduced-cost health care to ensure that financial issues do not prevent patients from seeking or receiving care.

#### **CHARITY CARE**

Charity care consists of health care services provided to low-income patients at free or reduced prices, and is provided to those who have exhausted third-party resources, do not qualify for Medicaid or have insufficient incomes. Ability to pay is based on Federal Poverty Income Guidelines, which take into account family size, new assets and overall financial position. Patients whose family income is at or below 175% of the Federal Poverty Level (FPL) are eligible to receive free care. Patients whose family income is above 175% but not more than 250% of the FPL are eligible to receive a discount of 50% off their account balance. St. Peter's Health makes significant efforts to ensure charity care is granted to all patients who qualify.

#### UNPAID COST OF MEDICAID

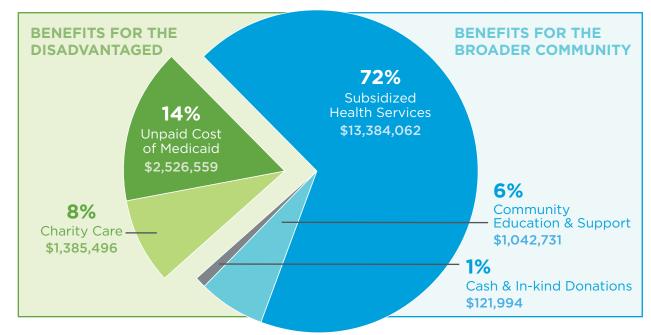
Medicaid is a jointly funded, Federal-State health insurance program for low-income individuals. Medicaid reimburses health care providers well below the actual cost of care, so the unpaid cost of Medicaid represents the difference between our cost to provide services and the amount Medicaid paid us for those services.

#### SUBSIDIZED HEALTH SERVICES

The Helena region has a high need for several health care services that do not generate sufficient revenue in a community this size to cover the cost of providing them. In 2017, St. Peter's Health subsidized the following services to ensure their availability in our community:

- St. Peter's Health Medical Group physician clinics (primary care and specialties)
- Urgent Care
- Hospice
- · Home Health
- Hospital-based Pharmacy (the only pharmacy in the community open 24/7)
- Home Oxygen & Sleep Supplies
- Rehabilitation
- Clinical Nutrition
- Pediatrics
- Behavioral Health

#### BENEFIT TO THE COMMUNITY (June 1, 2016-May 31, 2017)



#### COMMUNITY EDUCATION & SUPPORT

St. Peter's Health provides health-related education to the community through large events, classes, lectures and wellness screenings. Topics include mental health, first aid, CPR, childbirth, breastfeeding, parenting, babysitting, tobacco cessation, diet and fitness. Most are completely free-of-charge to the community.

#### CASH & IN-KIND DONATIONS

St. Peter's Health supports organizations and initiatives that share our goal to improve the health status of our community. In 2017, that included cash donations to organizations focused on the health, social, cultural and educational needs of our region. In addition, St. Peter's staff donates time, materials and leadership to more than 30 community partners, including Helena Public Schools, Carroll College, University of Montana-Helena, Helena Area Chamber of Commerce, Rocky Mountain Development Council, The Friendship Center, Helena YWCA and others.

# Patient credits heart recovery to 'real care, not just medical care'

Early morning customers at Hardee's love the way Cher Fletcher makes coffee. So when she was absent from work for several weeks, they became concerned.

"I was getting phone calls from my customers wondering when I was coming back," Cher said.

She was eager to get back to work, as well. She wasn't accustomed to being sick, or even to being a patient for that matter. Cher, 72, had not been to a doctor in more than 30 years.

But when she had trouble breathing one morning during her shift, that all changed.

"I couldn't breathe," Cher said. "I called my boss. I was going to try to drive myself to the hospital, but I didn't. It's a good thing because I wouldn't have made it."

Emergency medical technicians arrived, followed by an ambulance. In the emergency room, doctors discovered fluid around Cher's heart.

"They removed 1.6 gallons of fluid," Cher said.

For someone who hasn't seen a doctor in 30 years, an emergency room experience might seem overwhelming, but Cher said the staff kept her calm and informed.

"I was so scared," she said. "But any questions I had, they just answered them. They were so wonderful. They were just so patient."

From her cardiologist, Dr. Sarah Fenton, to her primary care physician, Dr. Emily Hedum, to the nurses who cared for her, Cher said "everyone was very caring."

Like many patients, Cher personally experienced the vast network of health care services provided by St. Peter's. From her ambulance ride to the emergency room, and her stay at the hospital to office visits with the cardiology and primary care clinics, St. Peter's Health was with Cher every step of the way.

Cher credits much of her recovery to her new primary care team at St. Peter's. Dr. Hedum

and her team of nurses, social workers and pharmacists worked together and with staff throughout St. Peter's to get Cher back on her feet.

"Jessica came and sat with me all day when my family was in Great Falls," Cher said about Dr. Hedum's nurse care manager.



▲ Cher Fletcher loves her job—and thankfully, she was able to return to it following a heart scare last year. She credits much of her recovery to her team at St. Peter's Health.

"The pharmacist calls me to make sure I'm taking my medications," she said.

"I just want to thank them all for their caring and understanding," Cher said. "They gave a lot of real care, beyond just medical care."

The experience opened her eyes to the importance of having an ongoing relationship with a primary care team. "I'd rather see them once a year on my terms than in the hospital with something more serious."

Cher is back to work as a shift leader at Hardee's, a company for which she's worked for more than 30 years.

"I love the work and I love the people," she said.

# 2017 ACCOMPLISHMENTS

2017 was a pivotal year for St. Peter's Health. Establishing a new vision to become the gold standard for health care in Montana by 2025, St. Peter's Health leadership rolled out an aggressive, seven-year transformation plan to align its practices with the highest performing health systems in the country. Many of the accomplishments this year drive St. Peter's forward through continuous improvement across service offerings and addressing the need for better access to health care.

# LEADERSHIP FOR THE NEXT GENERATION OF ST. PETER'S

The Board of Directors completed its search for St. Peter's new CEO in 2017, appointing Wade C. Johnson, FACHE to the role in July. With more than 15 years of experience in health care leadership, Johnson brings a proven track record of increasing patient, physician and employee satisfaction within health care organizations. His appointment followed a year

#### 2017 TOP 20 U.S. RURAL COMMUNITY HOSPITAL

St. Peter's Health ranks top in the nation for rural community hospitals, as measured by performance in quality care, patient outcomes, patient experience, cost, charge and financial stability.





▲ Family medicine physician Emily Hedum, DO puts a young patient at ease.

of nationwide recruitment efforts for many of the organization's senior leadership positions, with a focus on bringing increased physician and clinical perspectives to these top roles. Other key appointments in 2017 include John Cassani, DO, MBA as President of St. Peter's Health Medical Group; Shelly Harkins, MD as Chief Medical Officer; and Cheryl Hunt, MBA, BSN, RN as Chief Nursing Officer. With input from staff and providers across more than 50 internal departments and 20 medical specialties, the new senior leadership team identified and launched a series of seven strategic initiatives to elevate the organization's performance. Read more about these initiatives on page 12.

# TEAM-BASED PRIMARY CARE TO IMPROVE OUTCOMES

In 2017, St. Peter's launched a new patient-centered model of primary care. Comprehensive Primary Care Plus, or CPC+, gives caregivers and patients the resources to collaboratively manage the patient's overall health with a focus on preventative care,

instead of the traditional reactive approach to treating singular health issues. The patient's relationship with their doctor is now augmented by an entire multi-disciplinary team of clinical experts. Dedicated physician assistants, nurse care managers, social workers, pharmacists and others support and assist patients with a comprehensive set of expertise that is tailored to each patient's needs.

# URGENT CARE EXPANDED TO MEET COMMUNITY NEEDS

Over the past five years, St. Peter's has seen a 41 percent increase in urgent care visits to the clinic in the Maria Dean Building. To meet this growing need, St. Peter's expanded the clinic in 2017. The first phase of the expansion was completed in January and added examination rooms along with triage room for patients with more serious conditions. The second phase of the expansion was completed in March, improving workflow and expanding the work areas for providers. The expansion allowed the clinic to increase staffing levels, resulting in shorter wait times for patients.

#### STRAIGHT A'S FOR SAFETY

St. Peter's Health is the only hospital in Montana to earn straight A's for safety since 2016. Awarded by the nation's leading patient safety watchdog organization, The Leapfrog Hospital Safety Grade is a composite score made up of 30 nationally-reported patient safety measures that indicate how well hospitals protect their patients from preventable errors, injuries and infection. It is considered one of the health care industry's most important report cards.

	Fall 2017	Spring 2017	Fall 2016	Spring 2016
St. Peter's Health	Α	А	Α	Α
Benefis Great Falls	С	С	С	С
Billings Clinic Billings	Α	В	В	В
Bozeman Health Deaconess Bozeman	Declined to respond			
Community Medical Center Missoula	В	В	В	С
Kalispell Regional Medical Center Kalispell	С	В	В	В
Providence St. Patrick Hospital Missoula	Α	Α	Α	В
St. James Healthcare Butte	С	В	В	В
St. Vincent Healthcare Billings	С	С	Α	В

# TRANSFORMING ST. PETER'S

#### **Our 2018 Priorities**

We're embarking on a multi-year transformation to become the gold standard for health care in Montana by 2025.

To realize our vision, we will focus on the following key initiatives over the next several years:

#### ANNUAL PERFORMANCE GOALS

We've established performance goals for the organization and individual departments that align with our core values: service, quality, safety, accountability and collaboration. These goals align efforts toward outcomes, create more transparency and accountability around performance, and reinforce the importance of a values-based culture.

#### OPERATIONS INITIATIVE (2017-2019)

For two years, we are conducting a thorough examination of all business and clinical operations and implementing a number of industry best practices from around the country to increase efficiency and generate more value for patients.

#### ISO 9001 CERTIFICATION (2018-2022)

We've begun our journey to pursue ISO certification, a global standard for exemplary quality management systems. Having processes in place to drive continuous performance improvement leads to higher quality outcomes, employee engagement and patient satisfaction.

# ELECTRONIC HEALTH RECORD (EHR) OPTIMIZATION

The ultimate goal is universally accessible health records to better serve the needs of patients and promote a more streamlined, coordinated delivery of care. We are enhancing our IT governance structure with a focus on optimizing our electronic health record system to best serve our patients over the next decade.

#### PRIORITIZE CLINICAL INNOVATION

A new position and department were created to explore opportunities and integrate innovative practices and technologies. These solutions will increase the community's access to health care services and identify ways to reduce costs for patients.

#### MASTER FACILITY PLAN

The Master Facility Plan will help us design our facilities for the future. The plan will be finalized in summer 2018 and will outline how our physical infrastructure can support the community's needs for clinical services and programs in the coming years.

# KEY ENGAGEMENT INITIATIVES (2018-2025)

Effective collaboration with our employees, providers and the community is essential to our ability to transform the organization. Health and wellness extend beyond the walls of St. Peter's. We are implementing several key engagement initiatives to align our efforts and our health care experts with the most significant needs facing our community.



▲ St. Peter's Health Interventional Cardiologist Sarah Fenton, MD, FACC specializes in non-surgical heart procedures using a catheter—a small, flexible tube—to diagnose and treat coronary artery disease.

#### 2018 Capital Campaigns

St. Peter's Health Foundation is currently raising funds for the following projects:

# STATE-OF-THE-ART OPERATING SUITE, INCLUDING DA VINCI® SURGICAL ROBOT

Imagine the operating room of the future: Robots help perform operations with pinpoint precision; soothing green light improves visibility and protects surgeons' eyes during long procedures; power booms suspended from the ceiling swivel within easy reach and lift cables off the floor and out of the way; endoscopic hardware and touch-screen displays provide immediate access to medical records, vital signs, x-rays and MRIs.

Project Cost: Estimated \$6 million

# COMPREHENSIVE PALLIATIVE CARE PROGRAM

People are living longer, even when seriously or chronically ill.

A comprehensive palliative care program will address the physical, intellectual, emotional, social

and spiritual needs of these patients and their families. It will facilitate patient autonomy, provide access to information and offer choices to optimize quality of life by anticipating, preventing and treating suffering.

**Project Cost: \$350,000** 

#### 3D MAMMOGRAPHY MACHINE

This machine will increase the number of images captured during a mammogram from four to 80, allowing radiologists to better detect cancer that may be hidden by surrounding tissue. Benefits of a 3D mammography machine include: a 40 percent increase in the detection of small, invasive cancers; earlier detection of cancer, allowing treatment when cancer is at its most curable stage; and a drastic decrease in the number of additional imaging studies, reducing cost, time and patient anxiety.

**Project Cost: \$600,000** 

For more information on St. Peter's Health Foundation or to donate, see page 19.

12

## 'Don't wait,' advises colorectal cancer survivor

#### New Endoscopy Suite reduces barriers to life-saving screening

Steve Wolowina confesses to being a "typical male chicken." He was 71 years old when he got his first colonoscopy. But in his case, it was just in time.

Walking on a snowy trail just west of Helena, Steve doesn't look like someone who had a near brush with death, but he credits the doctors who treated him for advanced stage 4 colorectal cancer for saving his life.

"It could have gone badly," Steve said.

What prompted him to have a colonoscopy more than 20 years after the recommended age was chest pain. A visit to the emergency room led to the discovery of colon cancer, which had metastasized into his liver.

"I wasn't surprised," Steve said, "but I was disappointed, of course. I had been feeling fatigued over the last several years."

Steve worked with St. Peter's Health Oncologist Dr. Thomas Weiner and Board-Certified Colorectal Surgeon Dr. Emily Bubbers on a treatment plan, which included chemotherapy to reduce the tumors and lesions on his liver, a resection of his colon and liver surgery.

"Apparently, I was a pretty good patient," Steve said, smiling.

Now cancer free, Steve said he is grateful to the doctors, nurses and volunteers at St. Peter's.

"I don't know what motivates them to do this, just love of people, I guess," he said.

When Steve visits St. Peter's for his next colonoscopy, which he promises will be timely, he will notice some changes to the accommodations.

This winter, St. Peter's completed construction on a new and expanded Endoscopy Suite. Located in what used to be the obstetrics wing, the suite features all new equipment and allows St. Peter's to perform 2,000 more lifesaving colonoscopies each year.

St. Peter's Health Gastroenterologist Dr. David Bohler advocated for the expansion. "By having a dedicated endoscopy suite and staff, technical proficiency is achieved, chance of errors is decreased and efficiency and quality are improved," said Bohler.



▲ Steve Wolowina beat stage 4 colorectal cancer, but not all patients are so fortunate. Colorectal cancer is highly treatable, and often curable, when diagnosed early through preventative screenings staring at age 50.

The expansion took a year to complete and will enable St. Peter's to perform up to 30 scopes per day. The number of procedure rooms increased from three to five, and each room is designed for a more streamlined process for cleaning scopes and preventing infection.

The new Endoscopy Suite and dedicated endoscopy staff mean shorter wait times for patients and will help in recruiting new physician specialists to Helena.

#### 2017 CAPITAL CAMPAIGN

"We contributed to the Endoscopy Campaign so thousands more in our community would have access to potentially life-saving procedures each year. We believe in the mission of St. Peter's Health."

> - George "Russ" and Sharon Bell, Helena Donors to St. Peter's Health Foundation



■ St. Peter's Health Orthopaedic Surgeon Kerry Hale, MD trained at the Mayo Clinic and is one of only two fellowship-trained pediatric orthopaedic surgeons in Montana.

#### **EMPLOYED PHYSICIANS & PROVIDERS**

More information is available at sphealth.org/find-a-doctor

#### Medical Group Broadway Clinic

#### Allergy, Asthma & Immunology

Summer Monforte, MD Danielle Redfield, FNP

Audiology

Kelly Marrinan, AuD

Cardiology

Sarah Fenton, MD, FACC Robert Phillips, MD

Britt Ballinger, FNP

Ear, Nose & Throat Michael Dixon, MD

**Endocrinology** 

Brian Robinson, DO

**Family Medicine** 

Jessica Bailey, MD Andrew Gilbert, MD

Diane Nowak, MD

Todd Wampler, MD

Melissa Bentley, FNP Abigail Mertz, ANP Beverly Roope, FNP Morgan Teegarden, PA Lanae Williams, PA

**Family Medicine & Obstetrics** 

Jenifer Dodge, MD Chelsey Field, DO Sara O'Connell, MD Beth Plate, MD

Gerontology

Kristen Jaster, GNP **Infectious Disease** 

Donald Skillman, MD Internal Medicine

Tracy Dill, MD

Nicole Todorovich, FNP

#### **Orthopaedics**

Kerry Hale, MD Lena Phelps, PA

**Psychiatry** 

Andrea Mow, DO Mark Mozer, MD

Nephrology

Robert LaClair, MD

Neurology Nicole Clark, MD

Elize Cline, FNP

Rheumatology Carolyn Coyle, MD

Urology

Tim Grossman, MD

#### **Medical Group North Clinic**

#### **Family Medicine**

Bill Batey, MD Mikael Bedell, MD Emily Hedum, DO Kiley Kirksey, MD David Krainacker, MD

Justin Perry, MD Laura Bennett, PA Sara Juers, PA Leslie Wilson, FNP

**Family Medicine & Obstetrics** 

Katy Wessel, DO Gastroenterology

J. David Bohler, MD Michael Lee, MD

Carissa Bergman, FNP Kari DeBoo, FNP

## **Urgent Care**

Earl Book, MD John Cassani, DO Inna Bordewick, PA Tiffany Lamping, PA

Carla Mull. PA

#### **Regional Medical Center**

#### **Cancer Treatment Center**

Andrew Cupino, MD Thomas Weiner, MD

#### **General Surgery**

Alissa Abentroth, MD, FACS Emily Bubbers, MD John Galt, MD, FACS Dana Osborne, MD

#### Hospitalists

Anne Anglim, MD Ashley Basten, DO

Rodolfo Choussal, MD Lee Harrison, MD Mark Kreisberg, MD, FACP Stephen Mest, MD Tristan Seitz, MD Robert Smith, DO Lee Travis, MD Melissa Cobb, AGNP

Margaret Schaefer, NP

#### Interventional Radiology

Bradley Dick, MD, FACR Brandon Newgard, MD

#### **Palliative Care**

Cynde Watkins, NP

**Plastic & Reconstructive Surgery** 

Sarah Evans, MD

#### **Radiology**

Chris Gabel, MD Christopher Lindsay, MD

James Tarver, MD

# NEW PROVIDERS HIRED IN 2017

#### REGIONAL MEDICAL CENTER



Chris Lindsay, MD Radiology



Brandon Newgard, MD Interventional Radiology



Melissa Cobb, AGNP Hospitalist



Cynde Watkins, NP Palliative Care

#### MEDICAL GROUP NORTH CLINIC



Bill Batey, MD Family Medicine



Mikael Bedell, MD Family Medicine



Justin Perry, MD Family Medicine

#### MEDICAL GROUP BROADWAY CLINIC



Andrea Mow, DO Psychiatry



Abigail Mertz, ANP Family Medicine



Morgan Teegarden, PA Family Medicine

#### INDEPENDENT



Caitlin Gallagher, MD
Pediatrician



Not Photographed: Carolyn Meyer, MD Emergency Medicine

Charles Harmon, MD Pathology



Jared Phelps, DO Nathan Rediske, MD Emergency Medicine Psychiatry

2018
PHYSICIAN
RECRUITMENT
PRIORITIES

Rheumatology

Cardiology

Orthopaedics

Hospitalists

Uroloav

Family Medicine

**Urgent Care** 

Family medicine physician Bill Batey, MD rejoined St. Peter's Health Medical Group in 2017. The long-time Helena doctor sees patients at the North Clinic. ▼

#### **IMPROVING ACCESS TO CARE**

We believe it's our responsibility to identify and address the community's health care needs. Access to quality, locally-based care is an issue in our community. In 2017, St. Peter's Health committed to recruiting 30 new providers by 2020. We work with prospective providers to establish the practice option that best fits their needs and career goals, whether that is through employment at St. Peter's Health Medical Group, or becoming an independent community-based provider (either joining an already-established private practice or starting a new one).

In 2017, St. Peter's Health recruited 15 new providers to the Helena region.



# Foundation helps grant wishes, bring comfort to families of young cancer patients

Dustin Dolecheck sits on the bed in the hospital room where his daughter, Divinity, passed away in November. The walls are still painted a warm lilac purple—one of the things she requested during her long

stay at St. Peter's while being treated for leukemia. There are carefully chosen, heartfelt words of affirmation stenciled onto the purple paint: Be you. Brave spirit. Love. Hope. Strength. Believe.

It's hard for Dustin to be back in the room—he swore to himself that he would never return—but he finds comfort and peace in hearing about the impact his teenage daughter had on those she touched during her last months of life. Divinity was only fifteen when she passed away.

"She was full of life," said Kari
Parmer, Director of Oncology Services
at St. Peter's Health. "She would light up
the room. She became our mascot. On
Halloween, we dressed up as bumblebees;
she was our queen bee."

Kari and Dustin both recalled how persuasive she could be.

"We would pretty much do anything for her." Kari confessed.

That included specially coordinated visits from Vinny's beloved cat, Franklin, and

letting her give manicures to the oncology nursing staff. Not to mention having the hospital room painted the color of her choice. It was Kari who picked out the words for the walls.



▲ Dustin Dolecheck was able to grant his daughter, Divinity, her final wishes with the help of St. Peter's Health Foundation.

"Divinity was part of our lives for a couple of years. She was very special to us," Kari said.

Vinny's wishes continued to be granted even after her death. Through the St. Peter's Health Foundation Pediatric Oncology Endowment and extra donations made by St. Peter's staff, Vinny got the funeral and burial she wanted for herself. The endowment and staff donations helped pay for the entire funeral.

"The endowment made a real difference in the little things that came up at the end of her life," Kari said.

# ST. PETER'S HEALTH FOUNDATION

#### DEAR FRIENDS,

On behalf of our patients, staff, physicians and Board of Trustees, I would like to take the opportunity to sincerely thank you for your gifts and support. Your generosity allows us to fulfill our mission of providing a higher state of care to our families, friends and neighbors in the community.



We continue to focus our fundraising efforts on direct patient assistance through the Ludlow Charity Care and Mandy Bell Travel Funds. These funds enable the Foundation to assist patients and their families with unexpected and emergent medical costs such as medications or medical travel expenses. The St. Peter's Health Foundation also funds capital and equipment needs for programs like Home Health and Hospice, the Cancer Treatment Center and Dialysis. And, we offer scholarships for continuing education opportunities for our employees, so they can continue to grow in their practice and deliver the best possible care to our patients.

Recently, we rolled out the Grateful Hearts Program for patients and family members who want to support St. Peter's Health in recognition of exceptional caregivers. We're also beginning to raise money for an expanded Palliative Care Program and upgrade the operating rooms with state-of-the-art equipment and technology. We have a lot of work ahead of us, but with your help we can make these wonderful assets possible for our community!

On behalf of the entire Board of Trustees, thank you for helping us provide a higher state of care for the people in our community who need it most.

Best regards,

Kevin McCutcheon Chair, Board of Trustees One hundred percent of your contribution goes toward supporting the programs and services at St. Peter's Health. Not one penny of money raised is used to pay Foundation administrative costs.

#### ABOUT THE FOUNDATION

Vibrant communities are marked by strong institutions. Schools. Commerce. Cultural institutions. And health care systems.

St. Peter's Health Foundation raises funds to ensure the continued improvement, accessibility and affordability of health care services for our

community. Philanthropy allows us to serve those who cannot afford health care, as well as build local programs and services that may otherwise be impossible for a small community the size of Helena.

"We've thought long and hard about our gifts to St. Peter's. We like knowing that sometime down the road some sick person, through no fault of their own, will be taken care of because of what we did today

HOW OUR DONORS HELP

care services our community deserves.

Our donors are a part of something that matters to all

of us: the best possible health care for our community.

When you choose to donate to St. Peter's Health, you

helps St. Peter's Health provide the exceptional health

directly impact the lives of your family, friends and

neighbors. Your gift—whether it's \$25 or \$25,000—

— Dolly and the late Bud McMaster, Winston

Contributions received by the Foundation are primarily used to:

- Provide financial assistance to patients and families with medical emergencies
- Expand and improve health care services for the broader community
- Subsidize specific services critical to the quality of life for patients, especially the elderly, such as Hospice, Lifeline and Cardiopulmonary Rehabilitation
- Purchase or construct state-of-the-art medical equipment, technology and facilities

St. Peter's Health Foundation offers a variety of giving options to engage donors at a level they are comfortable with and to support their individual philanthropy goals. Some gifts are made for the Foundation to use today. Others may be deferred and generate funds for the Foundation to use later. Financial benefits may include tax savings, or even income for yourself or others. However, the greatest benefit of a gift to St. Peter's Health Foundation is knowing you are supporting health care initiatives that are important to you, your community and future generations.

## TYPES OF GIFTS COMMONLY RECEIVED:

- Cash
- Appreciated stock or property
- Grants
- In-kind gifts
- Bequests from donor's will
- Planned gifts

Please contact us to discuss your goals and the many ways you can support the mission of St. Peter's Health Foundation: 406-444-2370 or foundation@sphealth.org.

#### WAYS YOU CAN DESIGNATE YOUR GIFT:

- Greatest need (allocated annually by the Foundation Board of Trustees)
- Capital campaign for a current hospital need (see page 13)
- One of 18 restricted endowment funds designed to support specific health care services, such as:

19

- Hospice or Home Health
- Cancer patient needs and programs
- Cardiac care and special procedures
- Emergency department equipment
- Staff education and scholarships
- Travel fund for patients and families
- Create your own, named endowment (minimum gift required)

#### OONOR SPOTLIGH

# Couple honor loved one with endowment to benefit others

The St. Peter's Health Foundation Pediatric Oncology Endowment, also known as The Timothy Maxwell Daem Endowment for Pediatric Cancer Care, provides support for cancer patients ages 21 and younger at St. Peter's. It covers expenses not covered by insurance. The endowment was set up in honor of

Tim Daem by his grandparents, Marilyn Hudson and Bob Maxwell. Tim died of cancer at age 20 in the year 2000 after spending several months in the hospital.

"Cancer puts tremendous stress and strain on emotions and finances,"
Marilyn said. "There are so many expenses that insurance doesn't cover, and families should not be denied the things that make their lives more bearable during such a difficult time. I knew we could help by establishing an endowment that would enable families of children with cancer to cover those extraordinary expenses."

Marilyn and Bob fund the endowment every year on Tim's birthday to honor his life and the love they still share for him.



▲ Marilyn Hudson and Bob Maxwell worked with St. Peter's Health Foundation to establish an endowment to benefit local pediatric cancer patients. They make a contribution every year on the birthday of their grandson, who passed away at age 20 from cancer.

"He was a tender-hearted young man, very attentive and obliging," said Marilyn.

Tim's essence was captured in a mural that was in the Oncology Unit before it was renovated. A photo of Tim's piece of the mural still hangs in the Cancer Treatment Center at St. Peter's Health.

It shows a young man with reddish hair sitting next to a pond. He has his left arm around a bruin—a nod to his high school days at Capital High—and is holding a butterfly in his right hand. Close by are a blue bird and a frog.

"I love that everything in the mural is smiling," Marilyn said.

18

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# MESSAGE FROM FOUNDATION EXECUTIVE VICE PRESIDENT

#### DEAR FRIENDS,

St. Peter's Health Foundation is grateful for every gift we receive because each gift, no matter how big or small, is an investment in the health of our community. Together, these gifts have a tremendous impact on health care programs and services that directly affect our patients. In Fiscal Year 2017, the Foundation raised over \$980,000 thanks to your generous contributions!

Donations to the Foundation help support equipment needs, capital improvements and direct patient assistance, and they enable St. Peter's Health to provide the most advanced, safe and high quality care to our patients. Gifts made to St. Peter's Health Foundation in 2017 helped make a myriad of projects possible, including the expansion of the Endoscopy Suite, continued progress toward a comprehensive Palliative Care Program and a 3D Mammography machine.

Health care in the United States is changing rapidly and will result in new health care delivery models. Advancements in technology and research hold a promise for better and more effective treatments for many diseases—even cures. Your support is critical as St. Peter's Health works to transform health care in our region, acquire the latest technology, and provide the best outcomes for our patients and their families.

The Campaign for St. Peter's Health promotes charitable support of the organization's priority initiatives. You can read more about these priorities on page 13. By generously supporting these programs and projects, our donors are key members of our team as we set the gold standard for health care in Montana by 2025. Your gifts make a difference for every patient seeking care at St. Peter's. We are grateful for your partnership!

Karin J. Olsen, MA, CFRE Executive Vice President

#### SPECIAL ACKNOWLEDGMENTS

The following trustees concluded their board service in 2017. We thank them for their tireless support in improving the health of our community.



MAT RUDE
Retired, State of Montana
and Rocky Mountain
Development Council
Served 2005-2010; 2012-2017
Chair, 2009-10

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Ginny Abbott Director of Development & Major Gifts



Amy Maracle
Grant Writer



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Foundation Coordinator

JEFF BOYER
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Served 2011-2017

# CORPORATE **PARTNERS**

Businesses and community partners throughout Helena contribute to our work in the form of sponsorships and gifts. This support allows St. Peter's to provide quality care to those in our community who may not otherwise be able to afford it. We are grateful to have strong partners in our community who value and support our mission.

#### VISIONARIES (\$10,000 AND UP)

Blue Cross Blue Shield of Montana **Dick Anderson Construction** Montana Radio Company Wells Fargo Bank Montana, NA

#### EXPLORERS (\$5,000 TO \$9,999)

ABC Montana/FOX Montana First Interstate Bank **Helena Community Credit Union** Merrill Lynch, Anderson - Hedge -**Wagner Team Montana Television Network** Mountain West Office Solutions -**Authorized Xerox Agent Slate Architecture** 

St. Peter's Health - Behavioral Health Unit

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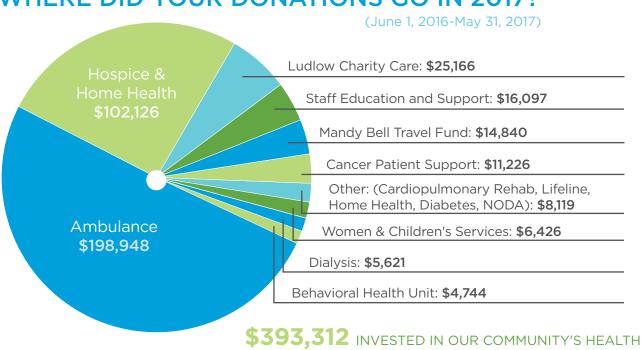
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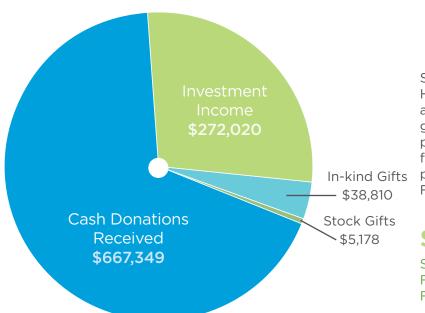


# FOUNDATION FINANCIAL SNAPSHOT

#### WHERE DID YOUR DONATIONS GO IN 2017?



#### BUILDING THE FOUNDATION TO GIVE (June 1, 2016-May 31, 2017)



Some of the funds St. Peter's Health Foundation raises annually are set aside for future growth in our endowment, to be put towards cash and pledges for programs and capital projects not yet funded by the Foundation to St. Peter's Health.

#### \$981,657

ST. PETER'S HEALTH FOUNDATION REVENUE IN FISCAL YEAR 2017

# LEGACY OF LIFE **MEMBERS**

St. Peter's Legacy of Life is composed of those who have set up a permanent endowment, charitable trust or annuity, or made bequests in their will to benefit our region's health. These gifts help ensure St. Peter's legacy of exceptional and compassionate health care. To become a member of the Legacy of Life Society, simply advise the Foundation Office of your intention to make a planned gift to St. Peter's Health by contacting (406) 444-2370 or foundation@sphealth.org.

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# LIFETIME CUMULATIVE GIVING

St. Peter's Health Foundation is pleased to honor those individuals, corporations and foundations whose cumulative giving over the years has helped shape St. Peter's Health into one of the nation's top rural health care organizations.

#### **FOUNDERS** \$1 MILLION AND OVER

Arthur P.\* and Nellie\* Curtin Lyle A. Gibbs\* James 'Bud' McMaster\*

#### **VISIONARIES** \$500,000 TO \$999,999

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27

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28

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29

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Names in bold represent St. Peter's employees.

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#### SAVE THE DATE FOR 2018 EVENTS!

May 24: Pinwheel Pledge & Cancer Survivor Celebration

August 17: Golf Tournament

December 6: Light A Life

Debbie Thares Mary and Larry Thomas Roger Thorvilson Norma Tirrell Katherine L. Tomaskie Rudy and Teresa Tomich Jeremy Treib and Kate Treib DeLores Tubbs John H. Tuffli Steve and Kim Turkiewicz Vicki, Jim, Andy and Justin Ted and Karen Turner Penny Tushingham Marilyn Twichel

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**Exercise Class** Henry A. Youngs

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Thank you for your support!

# 2017 FUNDRAISING EVENTS

#### PINWHEEL PLEDGE

By generously sharing his story, cancer survivor Josh Liston gave us a new look at what it means to go through cancer treatment. It's not just the individual's journey—it also affects the family. Josh's wife, Florence, was there the whole time, experiencing the ups and downs of each step. Here at St. Peter's Health Foundation, we're glad to be there for patients and families, providing support and peace of mind through our Pinwheel Pledge fundraising efforts. In 2017, nearly \$26,000 was raised to help cancer patients with needed medications, travel assistance and comfort care in the form of support group outings.



The 2017 Foundation Golf Tournament was on a mission: to raise money for the Endoscopy Suite expansion at St. Peter's Health Regional Medical Center. Board of Trustees member, Steve Schroeder, suggested hosting a spy-themed tournament since endoscopy procedures use cool gadgets to seek out "hidden" disease. Through the generous support of our presenting partner, Dick Anderson Construction, and many others, a total of \$57,760 was raised to support the expansion.

#### LIGHT A LIFE

St. Peter's Health-Hospice is the only nonprofit hospice service in Helena, and contributions to the Light A Life program help them to provide care to everyone who needs it, regardless of insurance or personal finances. Hospice services give comfort and dignity to those facing the end of life and the decisions that need to be made during that time. As this year's spokesperson Ron Waterman can attest, their support does not end there, but continues in the form of grief counseling after a loved one's passing. With the amazing support of our community members to this year's campaign, over \$80,000 was given to continue this much-needed program.



▲ "She was my rock." Florence pictured with Josh ringing the bell after his last cancer treatment.



▲ The Slate Architecture team went incognito on Hole 12, but couldn't fool our volunteer behind the camera.



▲ "After losing my spouse of almost 52 years, I could not have asked for better support," said Ron Waterman, pictured here with wife Mignon, of his grief counseling sessions with Hospice Social Worker Karissa Bennett.

Names in bold represent St. Peter's employees.

33





# TOP 20 IN THE NATION RURAL & COMMUNITY HOSPITAL TWO YEARS RUNNING.



St. Peter's Health ranks top in the nation for rural community hospitals, as measured by performance in quality care, patient outcomes, patient experience, cost, charge and financial stability.