UPDATE TO THE COMMUNITY ► FALL 2023

Friends and Neighbors,

The future is bright here at St. Peter's Health, and we would like to thank you for your continued support and trust in us as we work to serve our community. Inside this newsletter, you will read about more advancements with our local Cancer Care program. Our commitment to providing safe, high-quality cancer care has never been stronger, and we are focused on continuously improving the patient care experience. Over the last year, we have also welcomed new



team members and providers, and our staff continues to learn and grow their skills through our partnership with Huntsman Cancer Institute.

In June we launched MyChart, the free and secure health management tool for patients that is available through our new electronic health record, Epic. We want to extend our appreciation to everyone as we've navigated this massive change. It has been a challenging transition and we know many of you have struggled to learn the tool or have encountered brief disruptions as you received care from St. Peter's. Thank you for your continued patience and feedback. There are frequently asked questions and important information inside this publication we hope you will find helpful. We are confident that as you become more familiar with MyChart, you will find it's a great tool to help you manage your health care needs.

Lastly, meet several new providers we have welcomed to St. Peter's and our community, and see a snapshot of our local community partnerships, philanthropic giving, and investments we're making on equipment, including a newly renovated MRI suite in Diagnostic Imaging. As we have done for the past 140 years, we will continue to focus our efforts and resources on improving the health and well-being of the communities we serve in Helena and the surrounding areas. We are grateful for you.

Be well,

Wade C. Johnson, FACHE Chief Executive Officer



BUILDING GOLD STANDARD CANCER CARE FOR OUR COMMUNITY

St. Peter's growing Cancer Care program recently welcomed two new members to the team. Director Connie Heyob, RN, MSN-FNP, MBA and Melissa Cotner, DNP joined oncologist Elizabeth Bigger, MD and radiation oncologist Andrew Cupino, MD, and together with oncology-certified nurses, medical assistants and technicians provide full-service cancer care for our community.



Melissa Cotner, DNP, Elizabeth Bigger, MD, Connie Heyob, RN, MSN-FNP, MBA and Andrew Cupino, MD lead the St. Peter's Cancer Care team in delivering gold standard oncology care.

The Cancer Care team continues to expand care locally through our partnership with Huntsman Cancer Institute at the University of Utah. St. Peter's became a Huntsman Cancer Institute affiliate in 2021 and offers patients more treatment options with access to some of the top specialists in the nation.

Another advantage of this unique partnership is access for our staff to training and education at the largest academic medical center in the Mountain West. St. Peter's Cancer

CONTINUED:

BUILDING GOLD STANDARD CANCER CARE FOR OUR COMMUNITY

Care registered nurses regularly participate in trainings facilitated by expert Huntsman Cancer Institute clinicians. In fact, 60% of our Cancer Care nurses have completed their Oncology Nurse Society (ONS) certification, with the remaining nurses currently working toward certification.

St. Peter's providers receive regular consults and support from Huntsman Cancer Institute specialists. As an affiliate, our providers can present patient care plans to a panel of experts who come together to evaluate and recommend the best options for more complex cancer cases.

MEET CONNIE HEYOB

Connie is a Navy veteran who worked as a registered nurse and family nurse practitioner in oncology for more than 12 years before joining the St. Peter's Cancer Care team.

Where are you from, and how long have you been a nurse?

I grew up in the Midwest and have been a nurse for more than 25 years. I spent several years in the U.S. Navy Nurse Corps, where I completed my Master of Science in Nursing as a Family Nurse Practitioner.



I enjoy building relationships with

patients and their families. Oncology offers the opportunity to help patients navigate changes in their health through some very difficult diagnoses.

Why did you choose St. Peter's Cancer Care?

After taking a break from health care, I wanted to get back to caring for people in an organization that aligned with my personal values. St. Peter's Cancer Care offered an environment where I could grow professionally and personally.



DID YOU KNOW?

Next day appointments are available in all areas of diagnostic imaging at St. Peter's with appropriate insurance authorization, and we have evening and weekend MRI appointments available!

INVESTING IN COMPORT AND CONVENIENCE

MRI UPGRADES CUT EXAM TIME IN HALF

A \$2.25 million investment in a second wide-bore MRI machine at St. Peter's cuts exam time in half for patients in need of this important scan.



MRIs provide detailed pictures of organs and tissues using a powerful magnet, advanced computer system and radiofrequency waves. The first wide-bore MRI machine at St. Peter's was installed in 2020, and installation of the new

wide-bore Siemens Sola 1.5 Tesla MRI was completed in September. New technology reduces exam times by up to 50 percent, and the machines have larger openings to keep patients more comfortable and ease claustrophobia.

St. Peter's offers the most advanced medical imaging equipment in Helena.

Michael Moratelli,
 Director of Diagnostic
 Imaging Services

The project also included a total renovation of the MRI

exam and changing rooms, which feature natural light and artwork to promote a peaceful and soothing environment.

Since 2020, St. Peter's has invested nearly \$12.5 million in diagnostic imaging equipment and patient amenities.

"One of the best things about upgrading to gold standard technology is that it operates more efficiently so we have a lot more appointment availability for our patients," said Michael Moratelli, Director of Diagnostic Imaging Services.

Help us welcome these new St. Peter's Health providers

ANESTHESIOLOGY



Deborah Bledsoe, CRNA Regional Medical Center

CARDIOLOGY



Christopher Ottemoeller, FNP-BC Broadway Clinic

GENERAL SURGERY



Biljana Moratelli, NP Maria Dean

HOSPITALIST



Meghan Combs, MD Regional Medical Center

FAMILY MEDICINE



Stephen Scranton, PA Townsend Clinic

Hallie Tipton, MD North Clinic

Meagan Watne, NP **Broadway Clinic**

Not pictured: David Mulholland, MD North Clinic

NEUROLOGY



Mallory Emig, MD Broadway Clinic

RADIOLOGY



Drake McArthur, MD Regional Medical Center

PEDIATRIC HOSPITALIST



Jennifer Raffaele, MD Regional Medical Center

NEED AN APPOINTMENT WITH A **PROVIDER?**

406-457-4180

RECOGNIZING SURGICAL EXCELLENCE

Our community recognized three key members of the surgical operative services team as part of the 2023 Helena Independent Record's 20 Under 40.

Matthew E. Goldes, MD

GENERAL SURGEON

Recognized for: comprehensive care, gentle demeanor, and going above and beyond for every patient



Molly Litchfield, MBA-HM, BSN, RN, CNOR

SENIOR DIRECTOR OF PERIOPERATIVE SERVICES

Recognized for: community involvement, authenticity and genuine approach to leadership of staff throughout St. Peter's



James Verlanic, MD

GENERAL SURGEON

Recognized for: being a caring and hardworking individual who does everything in his power to ensure each patient receives outstanding care



Community Provider Partners



Rebecca Barringer, PA **Emergency Medicine** St. Peter's Health **Emergency Department**

Joshua Lider, DO

Orthopedics

Helena Orthopedic Clinic



Emergency Medicine St. Peter's Health



Emergency Department



Kassondra Frith, DO OB/GYN Helena OB/GYN



Chase Dukes, MD Orthopedics Helena Orthopedic Clinic

Coming Soon

ANESTHESIOLOGY Keith Carringer, MD Regional Medical Center

ENDOCRINOLOGY Marlys Drange, MD Broadway Clinic

NEUROLOGY Anthony Williamson, MD Broadway Clinic

INVESTING THROUGH EDUCATION The Fred C. Olson Learning and Development Institute plays a crucial role in addressing the health care workforce shortage by growing and developing health care staff.

Since 2021, the St. Peter's Health Foundation has recognized 157 employees with scholarships totaling \$372,500.

THANK YOU to our generous donors who make our ambitious effort to change lives through education a reality.



WHAT IS MYCHART?

UNDERSTANDING THIS NEW TOOL

When St. Peter's transitioned to best-in-class electronic health record Epic in June, MyChart became available to all St. Peter's patients. MyChart offers a robust set of tools to help patients take a more active role in their health, including appointment scheduling, care team messaging, and access to health histories, medication lists and test results.

Transitioning to a new electronic health record is a massive change and can create a temporary disruption for staff and patients as information migrates into the new system. Here are answers to common questions to help you learn the many useful features that MyChart offers.

MyChart Help

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If you are having trouble using or activating MyChart, connect with a member of our team. Visit sphealth.org/mychart to learn more.

How do I sign up for MyChart?

The best way to sign up for MyChart is through instant activation information you receive when you schedule an appointment or check in for a service at St. Peter's. Ask any member of our care team for activation information or visit sphealth.org/mychart for more information.

Can I still use Patient Portal?

No. Patient Portal is no longer available for regular use. For a limited time, you will be able to use your Patient Portal account for read-only access to certain historical records or to view/pay your bill for services received before June 10, 2023.

Did my medical records "go away" with the switch to MyChart?

Unfortunately, neither Patient Portal nor MyChart allows us to transfer health information between the systems. However, your medical information and records will never "go away." Your care team continues to have full access to all your health information and records, and you can request your full medical record anytime through our Medical Records department.

Why can't I message my provider?

Some MyChart functionality, such as provider messaging, isn't immediately available. However, if you have an appointment within the next 180 days, you do have the ability to message your provider. This is a temporary interruption, and we are working with MyChart to make all functionality more widely available.

MyChart can help you

can help you achieve your health and wellness goals

Create a personalized health plan

Along with your St. Peter's care team, MyChart can help guide you through your care plan. After you visit with a St. Peter's provider, find next steps and followup information using the After Visit Summary feature. MyChart can also guide you through your task reminders to help you recover faster after a procedure or regain your optimum level of health.

Track your health

MyChart breaks down your results into an easy-tounderstand format, helping you keep track of your health data. Tools like the Health Trends feature track your results over time by automatically graphing vital signs and labs against past results so you can see progress or instantly know if something is off.

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Prepare for the unexpected

MyChart can also help you prepare for the unexpected with the Advance Care Planning tool. Using the Advance Care Planning tool, you can follow the MyChart Q&A to create a plan to let your loved ones and care team know your wishes for medical and end-of-life care.

WHAT IS HOMETOWN COMMITMENT?



CARING FOR THE HEALTH AND WELLNESS OF OUR COMMUNITY

In fiscal year 2022, St. Peter's gave back \$25 million in the form of financial relief for patients and their families, donations to local non-profits and organizations, free and low-cost health and wellness education, and subsidized health services to meet community needs.



INSPIRING OUR NEXT GENERATION OF HEALTH CARE WORKERS

Each year, we provide over 80,000 hours of hands-on experience opportunities for college and high school students like Carroll College nursing students Elias Hill and Allison Winslow. This includes clinical experience for students in pre-med, nursing, emergency medicine, diagnostic imaging, respiratory therapy, pharmacy, physical therapy and other occupations.



PROVIDING STANDBY EMERGENCY MEDICAL SERVICES AT LOCAL EVENTS

Each year, our ambulance team gives more than 100 hours of free standby emergency medical services at local sporting and community events. Next time you see them at a football game or event, say "hello" and help us thank our first responders!

ST. PETER'S FY22 COMMUNITY BENEFIT INVESTMENTS



Learn more about our impact at sphealth.org



\$2.3 MILLION IN MEDICAID

\$625,000 IN EDUCATION & DONATIONS

\$19.4 MILLION SUBSIDIZED HEALTH SERVICES