

Making a Face Mask



Steps:

Supplies:



8.5" x 15" PRE-WASHED high quality cotton fabric (prints ok, just remember that men and women will be wearing these)



Bendable metal (Flat Aluminum wire, Floral Wire, Pipe Cleaners.

See specific lengths in the next column.)



Extra wide double fold bias tape or 2 pieces 2.25" x 5.25" fabric to make your own bias tape for sides OR 2 pieces 40" long bias tape for masks with ties



2 pieces of 8-9" latex-free elastic or elastic cord , 1/4" , 1/8")

Sewing Machine & Thread, optional: serger

There are visible directions on YouTube posted by Easy-To-Sew at :

<https://youtu.be/BCJcE-r7kcg>

*These measurements are slightly different from those on the video

- Serge or finish edges of the 8.5" side of the rectangle. Put sides together and mark 2" in from the outer edge on each side. Sew a 3/8" seam to the 2" mark and back stitch. Repeat on the other end leaving an opening in the middle. Press seam open then turn right side out. (Filter material not necessary . Leave pocket empty)

- Topstitch one side of the opening. Mark 0.5" up from the topstitch line towards the side that is not topstitched. Fold on the marked line and press. (The video link below will be helpful here)

- Topstitch the edge of the whole square. Insert wiring above the opening. **For bendable metal:** Use 5" piece and topstitch edge to hold it in place. Center the metal and secure with a stitch at the edge of each side. **For Floral wire:** Use piece just over 10". Fold over, gently, on itself at the halfway mark. This makes one end a loop vs a rough piece of wire. At the other end, pair the two ends together and fold back on the wire by just a 1/4 inch. Like folding a 1/4 inch seam over. This creates another looped end that doesn't poke. **For a pipe cleaner:** Do not double, use one length and make to 1/4 inch returns on each end.



- Make 3 pleats on each side making sure to have pleats going down away from the wire on the front of the mask and topstitch into place. You may need to use clips to hold them in place.

- **For Ear Elastic:** For single ear elastics on each side, cut latex-free elastic 9.75". Fold bias tape over raw edge on the sides of the mask, folding in the top and bottom. Top stitch down. Insert elastic through the tube, tie ends in a knot and place knot inside the tube. *May use a serger instead of bias tape to secure the elastic loops & finish the side edge.

- **For Ties:** Cut bias tape (or make your own) at 40". Find the center and place at the center of the side of the mask. Topstitch the entire length, securing the mask onto the tie in the center.